



Mississippi Swimming, Inc.
2010 Charlene Craddock DAC Invitational
January 29-31st

- Sanction:** Held under the sanction of United States Swimming and Mississippi Swimming, Inc.
Sanction MSI# pending
- Sponsor:** **Delta Aquatic Club** www.deltaducks.org
Meet Page posted on the DAC Team Website
- Location:** Delta State Aquatic Center (**GOOGLE MAP address – use 101 Yazoo Street**)
Delta State University, Cleveland, MS 38733, 662.846.4730
- Facilities:** Indoor 50 meter by 25 yard competition pool. The short course venue for this meet will include 8 lanes (9ft wide), 6” Competitor lane lines, 7’ minimum depth, with 1 moveable Stark Bulkhead. The timing will be run on Colorado Time System Myriad Full Matrix LED scoreboard with Hy-Tek Meet Manager. Equipment includes paragon Track start competitor starting blocks with electronic relay takeoff equipment. Building is designed with 800 permanent seats and temporary tip and roll bleachers for 600. Continuous warm down area is available. **There will be no smoking or alcohol around the pool, deck, patio, or anywhere swimmers are present. Only swimmers, coaches, and meet officials allowed on pool deck.**
- Rules:** Current United States swimming Rules will govern the conduct of the meet.
- Eligibility:** The meet is open to all USS registered swimmers. The person responsible for entering an unregistered swimmer as registered will be subject to a fine of up to \$100 per event. Swimmers without USS registration numbers will be rejected. Age of the Swimmer as of January 23rd, 2009, will determine the age for the duration of the meet.
- Coaches:** Coaches must be current USS Coach Members in order to perform on deck duties. If a coach is not currently certified, he/she may observe as any observer, but may not perform coaching duties or sit in the coach’s area. Coaches’ packet will be given only to those coaches presenting credentials.
- Seeding:** Seeding will be according to Article 102.5 of USS Rules and Regulations.
- Conduct of Meet:** All events will be conducted in short course yards and will swim as timed finals.
On Friday the 12 and under events will be scored separately as 10 and under, and 11-12. Also, the Senior events will be scored separately for 13-14 and Senior.
On Saturday and Sunday 6&U, 7-8, and 10&U events will be swum during the morning session; and the 11-12, 13-14, and Senior events will be swum in the afternoon session. The senior 1000 Free on Saturday will be scored separately as 11-12, 13-14, and Senior.
Positive check-in is required for these events 30 minutes prior to the end of warm-ups on the day of the event. The end of positive check in will be promptly at 5:05pm on Friday. On Saturday, positive check-in is required within 10 minutes of the finish of Event 56.
- Swim Wear:** Swim Wear will be according to the current USA Swimming Rules and Regulations guidelines under Article 102.9.
- Real Time Results:** We will have Real Time Results will be available on the Craddock Meet Page during the meet. Internet connection will be available in the Aquatic Center.

Pool Certification:

Pool Certification will be according to Article **104.2.2C(4)** of USA Swimming Rules and Regulations. 202.3 Conditions of Sanction

.5 The meet announcement must include one of the following statements:

A. The competition course has been certified in accordance with **104.2.2C(4)**.

The copy of such certification is on file with USA Swimming; or

B. The competition course has not been certified in accordance with **104.2.2C(4)**.

Event Limit:

On Friday, swimmers may enter two (2) events. On Saturday and Sunday swimmers may enter four (4) individual events and one relay per day.

Schedule:

Friday Evening	Warm-ups: 4:45 - 5:35pm Meet Starts: 5:45pm
Saturday Morning	Warm-ups: 8:00 – 8:50pm Meet Starts: 9:00am
Saturday Afternoon	Warm-ups: not before 11:30am Meet Starts: not before 12:30pm
Sunday Morning	Warm-ups: 7:30 – 8:20am Meet Starts: 8:30am
Sunday Afternoon	Warm-ups: not before 11:00am Meet Starts: not before 12:00pm

4 Hour Rule:

If an age group event is swum after the session has been running for four hours, each individual swimmer has the option of either swimming that event or receiving a refund for the that event. A swimmer desiring a refund for that event must declare his/her intent to the Meet Director before the event is swum. There will be no refunds for swimmers not in attendance.

Entry Fees:

\$5.00 per swimmer for MSI surcharge
\$4.00 per individual event
\$8.00 per relay

Heat Sheets:

Cost will be FREE and will be available for download on the Craddock Meet Page by Wednesday, January 27th, 2010. Each Session will be posted separately.

Each Session of the HEAT SHEET will be posted in the spectator seating upstairs, for those to follow along with the meet.

Entry Deadline:

Make all checks payable to DAC.

Mail checks with entries, recap sheet, and signed release form to:

Coach Dan'l Murray
Delta Aquatic Club
PO Box 3286
Cleveland, MS 38733
Phone: 662.588.3263
Fax: 1.662.846.4719
Email: deltacoachdanl@yahoo.com

If you are sending entries via USPO, FEDEX or UPS please WAVE SIGNATURE.

Emailed entries are preferred.

Entry Deadline is Thursday, January 21st, 2010. Entry form included. If available please use Hy-Tek. Send hard copies for verification by using a word file for "Meet Entries" report as an attachment in your email. Complete entries should include swimmer's first and last name, age, events, entry time **in yards**, and USS number.

Late entries will be accepted when lanes are available but will be charged double entry fee. No swimmer may scratch one event and enter another. Late entries are due by the beginning of each session.

- Bathroom Policy:** **Absolutely NO cell phones or camera's** are allowed in the boys and girls bathrooms in the Aquatic Center or in any of the surrounding bathrooms in DSU buildings.
- Timers:** Each participating team will be assigned timing assignments according to the size of the team.
- Officiating:** DAC would greatly appreciate help from visiting teams. **Please contact the Meet Director and DAC Head Coach if you have officials that can help.** As a matter of USA Swimming insurance coverage, official's certification card must be carried on person. We also ask for a list of officials willing to work for any session when emailing your entries.
- Warm-Ups:** Mississippi Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet. The first 30 minutes will be general warm-ups, NO Diving. In the last 20 minutes, the two outside lanes will be for pace, all swimmers leaving the wall from a push. Lanes 2 and 7 are for dives off the blocks with one way traffic. The remaining lanes are for general warm-up, NO DIVING.
- Scoring:** Individual Events: 9, 7, 6, 5, 4, 3, 2, 1
Relays: Double points
- Awards:** Individual High Point Awards for each age group/sex.
Medals 1st – 3rd, ribbons 4th – 8th for 11-12 and younger.
Team Trophies: 1st – 3rd
- Reporting:** Swimmers in all events will report directly to the starting blocks. It is the responsibility of the swimmer and the coach to see that the swimmer reports to the assigned lane at the proper time. There will be no clerk of course.
- Hospitality:** Hospitality will be located on deck. It is available to all coaches and meet officials in the Ready Room.
- Concessions:** Concessions will be available in the lobby of the DSU Aquatic Center.
- Meet Referee:** Karen Mayers
606 Frederick Drive
Cleveland, MS 38732
Home 662.846.1373
- Meet Director:** Kevin Cox
P.O. Box 780
Cleveland, MS 38732
Home 662.843.1666
Cell 662.719.6074
Work 662.843.4091 ext.11
Email: kwc514@yahoo.com
- DAC Coach:** Dan'l Murray
Delta State University
Attn: Delta Aquatic Club
PO Box 3286
Cleveland, MS, 38733
Cell 662.588.3263
Email: deltacoachdanl@yahoo.com

Order of Events

Friday Evening Session

Warm-Ups: 4:45 pm – 5:35 pm

Meet Starts: 5:45 pm

GIRLS	EVENT	BOYS
1	12 & Under 200 IM	2
3	Senior 400 IM	4
5	12 & Under 500 Free	6
7	Senior 500 Free	8

Saturday Morning Session

Warm-Ups: 8:00 am – 8:50 am

Meet Starts: 9:00 am

GIRLS	EVENT	BOYS
9	6&U 25 Free	10
11	7-8 25 Free	12
13	10&U 50 Free	14
15	8&U 50 Breast	16
17	10&U 100 Breast	18
19	6&U 25 Back	20
21	7-8 25 Back	22
23	10&U 50 Back	24
25	8&U 50 Fly	26
27	10&U 100 Fly	28
29	8&U 100 IM	30
31	10&U 100 IM	32
33	8&U 100 Free Relay	34
35	10&U 200 Free Relay	36

Saturday Afternoon Session

Warm-Ups: not before 11:30 am

Meet Starts: not before 12:30 pm

GIRLS	EVENT	BOYS
37	Senior 200 Free	38
49	13-14 200 Free	40
41	11-12 200 Free	42
43	Senior 100 Breast	44
45	13-14 100 Breast	46
47	11-12 200 Breast	48
49	11-12 50 Breast	50
51	Senior 50 Free	52
53	13-14 50 Free	54
55	11-12 50 Free	56
57	Senior 200 Back	58
59	13-14 200 Back	60
61	11-12 100 Back	62
63	Senior 100 Fly	64
65	13-14 100 Fly	66
67	11-12 200 Fly	68
69	11-12 50 Fly	70
71	Senior 200 Free Relay	72
73	13-14 200 Free Relay	74
75	11-12 200 Free Relay	76
77	Senior 1000 Free	78

Sunday Morning Session

Warm-Ups: 7:30 am – 8:20am

Meet Starts: 8:30 am

GIRLS	EVENT	BOYS
79	6&U 50 Free	80
81	7-8 50 Free	82
83	10&U 200 Free	84
85	6&U 25 Breast	86
87	7-8 25 Breast	88
89	10&U 50 Breast	90
91	8&U 50 Back	92
93	10&U 100 Back	94
95	6&U 25 Fly	96
97	7-8 25 Fly	98
99	10&U 50 Fly	100
101	8&U 100 Free	102
103	10&U 100 Free	104
105	8&U 100 Medley Relay	106
107	10&U 200 Medley Relay	108

Sunday Afternoon Session

Warm-Ups: not before 11:00 am

Meet Starts: not before 12:00 pm

GIRLS	EVENT	BOYS
109	11-12 400 IM	110
111	Senior 200 IM	112
113	13-14 200 IM	114
115	11-12 100 IM	116
117	Senior 100 Free	118
119	13-14 100 Free	120
121	11-12 100 Free	122
123	Senior 200 Fly	124
125	13-14 200 Fly	126
127	11-12 100 Fly	128
129	Senior 100 Back	130
131	13-14 100 Back	132
133	11-12 200 Back	134
135	11-12 50 Back	136
137	Senior 200 Breast	138
139	13-14 200 Breast	140
141	11-12 100 Breast	142
143	Senior 200 Medley Relay	144
145	13-14 200 Medley Relay	146
147	11-12 200 Medley Relay	148

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TEAM ENTRY SUMMARY SHEET

Club Name: _____ Club Code: _____

Names of Attending Coaches: _____

Number of Swimmers (MSI Surcharge) _____ @ \$5.00 = _____

Number Individual Entries _____ @ \$4.00 = _____

Number of Relay Entries _____ @ \$8.00 = _____

Total Entry Fees = _____

Team Address: _____

Team Email(s): _____

Phone: _____

In consideration of the acceptance of this entry, we hereby waive and relieve any and all claims against USS, MSI, DAC, DSU, and meet officials.

Signature of the coach or club representative: _____

Please send entries to:

Coach Dan'l Murray
Delta State University - Delta Aquatic Club
deltacoachdanl@yahoo.com
PO Box 3286
Cleveland, MS 38733

Please make all checks payable to DAC

INFORMATION FORM FOR DISABLED SWIMMERS

NAME _____

ADDRESS _____

AGE _____ BIRTHDATE ____/____/____.

EVENTS TO BE SWUM ____/____/____/____/____/____/____/____

TYPE OF DISABILITY

Blind _____ Mentally Retarded _____ Deaf _____ Physical _____

EXTENT OF DISABILITY: Be specific, e.g. totally or partially blind, totally or partially deaf, loss of one or more limbs, multiple disabilities, etc.

THE FOLLOWING PERSON(S) WILL ACCOMPANY THE SWIMMER FOR ANY NEEDED ASSISTANCE:

TYPE OF MEDICATION _____

PURPOSE OF MEDICATION _____

PARENT'S OR GUARDIAN'S NAME _____

PARENT'S OR GUARDIAN'S SIGNATURE _____

ATHLETES'S SIGNATURE _____

PHYSICIAN'S NAME

(please print) _____

PHYSICIAN'S ADDRESS _____

PHYSICIAN'S PHONE NUMBER _____

I have examined the above Entrant and, in my opinion, there is no mental or physical reason why he or she should not participate in USA Swimming competition.

Physician's signature

Date

Cleveland Area Accommodations



662-846-1525



662-846-2915



662-843-9300



662-843-4060

We are pleased to offer the following rates for both the Charlene Craddock Invitational Swim Meet January 29th, 2010 through January 31st, 2010, and the State Long-Course Championships July 22, 2010, through July 25, 2010, to accommodate your guests in Cleveland:

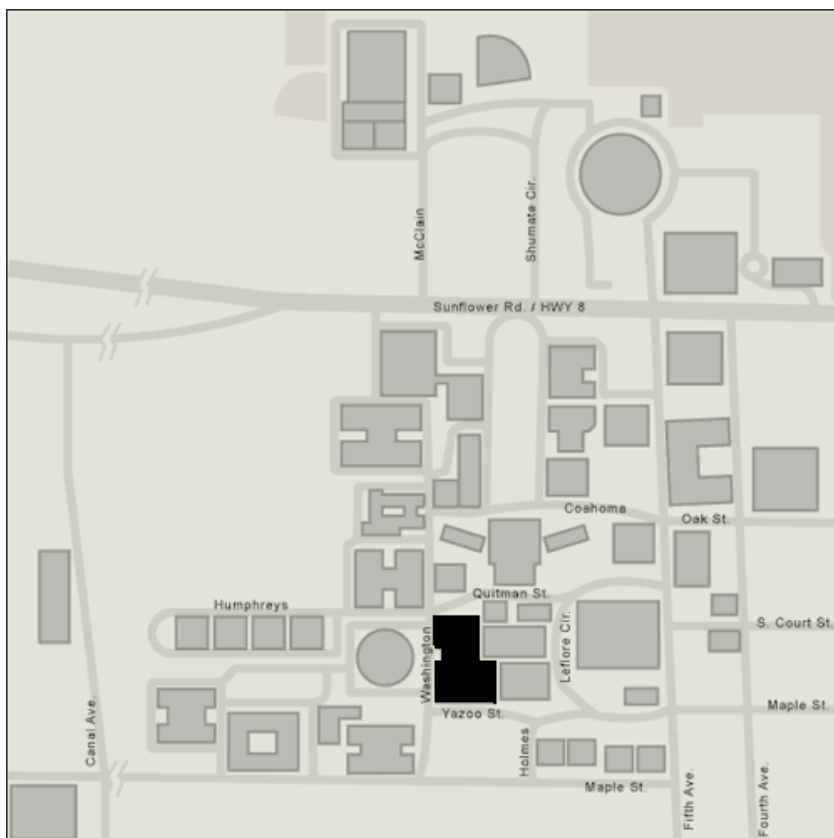
Econo Lodge \$69.95 per night
Comfort Inn \$74.00 per night
Holiday Inn \$106.99 per night
Hampton Inn \$129.00 per night

For the Craddock, the release date for the blocked rooms will be January 15th, 2010. Please reserve your rooms before release dates as we will make any remaining rooms available to the general public on a first come, first served basis after that date.

Please have your guests call the above numbers directly and ask to make reservations for the "Swim Rooms". If there are any problems with reservations, please ask to speak to a manager.

As always, we look forward to both working with you and your guests.

Directions to the Pool – Delta State University Map



*** Aquatic Center is darkened**

If traveling onto Highway 8, turn at the stoplight on Fifth Ave.

Take 5th Ave to stop sign, take your first (Right) at stop sign.

Take Leflore towards Campus (Right) the Aquatic Center and you will see the parking lot across from the pool.

If using GOOGLE MAP or a GPS device.

**Type... 101 Yazoo Street
Cleveland, MS, 38733**